A Channel Rhyme

Start Point and Beachy Head Tell their tale of quick and dead.

Forelands both and Dungeness See many a ship in dire distress.

The Lizard and the Longships know Oft the end of friend or foe.

And many and many a seaman's knell Has been rung by Manacles bell.

Gull and Dodman ask aright A wide berth on a dirty night.

Bolt Head and Bolt Tail Are ill spots in a Channel gale.

Over nigh to Portland Bill In Channel fog it's just as ill.

And Wolf Rock and Seven Stones Rest their feet on sailors' bones.

But from Nore Light to Cape Cornwall Goodwin Sands are worst of all!

Cicely Fox Smith 1882 - 1954